

**MICHIGAN STATE UNIVERSITY EXTENSION
4-H CLOTHING AND TEXTILES ADULT AND TEEN LEADER TRAINING
October 14-15, 2006**

PLACE:

Kettunen Center, Tustin, MI

TIME:

Registration - Saturday, October 14, 2006, 10:00 a.m. - noon

Adjourn - Sunday, October 15, 2006, 1:00 p.m.

COST:

The fee for 4-H volunteers who attend this workshop is \$33. Extension staff, including educators (agents), program associates and assistants, who bring a volunteer leader to the workshop, will be charged the reduced volunteer rate of \$33. The remainder of their expenses will be covered by donations to the Michigan 4-H Foundation. This \$33 fee includes \$25 toward meals and lodging and an \$8 resource fee, which covers the cost to the State 4-H office for educational materials, resource people and supplies for this workshop. The fee for all Extension staff, including educators, program associates and assistants who do not bring a leader is \$83.25. Personnel from other agencies will also pay \$83.25. This fee includes \$75.25 toward meals and lodging plus the \$8 materials and resource fee listed above. Persons canceling without a replacement after October 4, 2006 will be charged an \$8 resource fee. Anyone (including resource people and staff) who does not cancel in writing to lentzbis@msu.edu 48 hours before the workshop (October 12, 2006), will be billed a \$33 no show fee.

RESERVATIONS:

Reservations should be received in the county Extension office by September 29, 2006. Please use workshop **#402** when entering registrations on the MSUE 4-H Workshop Registration System. Reservations are made on a first-come, first-serve basis. This deadline will be strictly enforced.

Indicate top two choices for each session (Session 1: Option 1-2; Session 2: Option 3-4; Session 3: Option 5-6) on the workshop registration form in order of preference for each participant. If an option is a letter and a number "1" that means it is a session that is continued. If you register for one than you **MUST** register for the second half "2". If you have questions regarding registration please e-mail Judy Bishop at lentzbis@msu.edu.

WHO SHOULD ATTEND:

Adult and teen leaders (13 years and older). Staff are welcome. We encourage individuals to car pool. Contact your county office for names of other persons attending the workshop.

OBJECTIVE:

- 1) To give leaders the opportunity to update their knowledge and skills in the Clothing and Textiles area.
- 2) To provide leaders with time to share ideas with others from around the state.

CHAPERON POLICY:

When sending young people to workshops, counties **must** provide adult male and female chaperons – adults who have gone through the Michigan State University Extension Child Well-Being Volunteer Selection Process within your county.

Workshop chaperons are responsible for serving as role models for youth and for guiding youth behavior at workshops. The preferred ratio is 1 adult to 5 youth of the same gender for youth aged 13 and up.

When registering a chaperon on the MSU Extension 4-H Workshop Registration System, be sure to register the person's status with a "C" for chaperon and check "Yes" to indicate that they have gone through the MSU Extension Child Well-Being Volunteer Selection Process. The State 4-H Office will accept and process youth registrations only when an adult of the same gender is identified as the chaperon. If a workshop fills to capacity before a chaperon is identified, participants will forfeit their opportunity to attend.

MEDIA RELEASE/MEDICAL TREATMENT AUTHORIZATION:

When registering for a workshop, youth participants, aged 18 and under, must complete the Medical Treatment Authorization section of the form. This form is then given to the county MSU Extension office which is then sent to the workshop coordinator. Copies of the form can also be brought to the workshop. Youth without a completed form and signed (by a parent or legal guardian) will not be allowed to stay at this overnight workshop.

All workshop participants, teen and adult, are encouraged to complete the Media Release section of the form. This section authorizes MSU Extension to record and photograph workshop participants and to use these photos and/or voice in educational and promotional publications and programs.

WHAT TO BRING:

Comfortable clothing, ideas to share with others and enthusiasm! Bedding and linens are furnished.

SPONSORS:

This workshop is sponsored by the Michigan 4-H Foundation through a grant provided by the sources listed below. Please send your letter of appreciation to:

Donors to the Michigan 4-H Foundation
c/o Mr. Thomas Cobb, President
4700 S. Hagadorn Road, Suite 220
East Lansing, Michigan 48823

All participants are strongly encouraged to send a letter of appreciation to the above donor. Without their help, this workshop would not have been possible.

SMOKING REGULATIONS:

All persons are expected to adhere to Kettunen Center's smoking regulations. The use of tobacco is prohibited in all indoor space. Smoking areas are provided outside of the buildings.

CONDUCT POLICY:

Participants will adhere to the following general conduct policy: anyone participating in a state-sponsored 4-H activity who is caught in the act of theft or vandalism or caught with illegal drugs or alcohol, or who is involved in other such offenses will immediately be sent home at his/her own expense and if it is determined by 4-H staff, leaders, or persons in charge of the activity that the offense warrants it, the offender will be turned over to the proper authorities.

ACCOMMODATIONS FOR PERSONS WITH DISABILITIES:

Accommodations may be requested by calling Judy Bishop (517) 353-2922 three weeks prior to the workshop to ensure sufficient time to make arrangements. Requests received at this time will be met when possible.

CLOTHING AND TEXTILES WORKSHOP
Kettunen Center
October 14 & 15, 2006

Saturday, October 14, 2006

10:00 a.m. – 12:00 noon

Registration

10:30 a.m. – 12:00 noon

Activity Stations

12:00 noon

Lunch

1:00 – 2:00 p.m.

General Session

2:00 – 5:00 p.m.

Workshop Session I (A1-J) Option as per advanced registration

A1. Beginning Sewing Skills (Continued in Session II)

B1. Yellow Brick Road Quilt (Continued in Session II & III)

C1. Recycled Jean Quilt (Continued in Session II)

D1. Funky Vinyl Mesh Tote Bag (Continued in Session II)

E1. Pop Up Picture Frame (Continued in Session II)

F. Totally Teens

G. Basics of Knitting

H. Multi Sided Place Mat

I. Fleeces are for Felting.. How to do Wet and Dry Wool Felting

J. Color Beat Tote Bag

5:30 p.m.

Dinner

6:30-9:00 p.m.

Workshop Session II (A2-Q) Option as per advanced registration

A2. Beginning Sewing (Continued from Session I)

B2. Yellow Brick Road Quilt (Continued from Session I)

C2. Recycled Jean Quilt (Continued from Session I)

D2. Funky Vinyl Mesh Tote Bag (Continued from Session I)

E2. Pop Up Picture Frame (Continued from Session I)

K. Knitting Projects

L. Color Beat Tote Bag

M. Fancy Fleece Poncho or Hat & Scarf

N. A Pony, A Frog, A Bear...Oh My!

O. Locker Hooking

P. Juice Pouch Bag

Q. Curriculum Resources for Clothing & Textiles

9:00 p.m.

Silent Auction

Sunday, October 15, 2006

7:00 – 7:30 a.m.

Inspirational Service

7:30 a.m.

Breakfast

8:30-11:30 a.m.

Workshop session III (B3-CC) Option as per advanced registration

B3. Yellow Brick Road Quilt (Continued from Session I & II)

R. Bead Fringe Hand Bag

S. Fancy Fleece

T. Blanket Stitch Felt Snowman

U. Junk Jeans Purse

V. Recycled Accessories

W. Paper Pieced Santa Wall Hanging

X. Exploring the Virtues of Wool

Y. Community Service Projects

Z. Various Methods of Applique

AA. Color Beat Tote Bag

BB. Interfacing and Pressing Tips

CC. Beaded Socks

11:45

Lunch

1:00 p.m.

Have a Safe Trip Home!

KETTUNEN CENTER 4-H CLOTHING & TEXTILES WORKSHOP

Participants Must Register for Specific Options in Advance

Workshop Session I – Saturday, October 14, 2006, 2:00 – 5:00 p.m.

A1. Beginning Sewing – Holly Johnston (Continued in Session II)

If you or your club members are interested in learning to sew, then this is the place for you! In this two session class you will learn about sewing tools, fabric/pattern selection and sewing techniques. You'll make a small tote bag and PJ shorts. You'll receive reference materials, including a class plan to use with your beginning sewing members. Bring a working sewing machine and manual (if available). Other supplies provided for a cost of \$6.00.

B1. Yellow Brick Road Quilt – Ann Booren (Continued in Session II & III)

Grab some fat quarters and you're on the road to a fast and fun quilt. This is a great quilt for beginners, but sewing experience is required. You will need a rotary cutter, wheel, mat and sewing machine. Supply list will be sent.

C1. Recycled Jean Quilt – Tina Baumgardner (Continued in Session II)

Use old jeans, flannel or homespun to create a rag quilt. Bring one pair of adult jeans to cut up (this is so you learn how to do it but for this class jeans will be cut-up and provided in a kit for \$15.00) sewing machine, thread – blue or tan, fabric scissors, seam ripper, basic sewing supplies, a thin soap sliver or white marking chalk. Optional: rotary cutter and mat.

D. Funky Vinyl Mesh Tote Bag and Coordinating Mesh Wallet – Becky Clark (Continued in Session II)

Sign up to make a funky vinyl mesh tote bag and a coordinating mesh wallet. The tote size is 12"x14". You will learn how to sew with vinyl mesh and an easy method of putting a zipper in. Once you learn how you will be making them for all your friends! Bring sewing machine, black thread, 2 extra machine bobbins, zipper foot. Cost: \$8.50.

E1. Pop Up Picture Frame – Sue Mulzer and Sheryl Schrot (Continued in Session II)

Make a quilted wall hanging (26"x26") designed to hold 4 (4"x6") photos. The photos pop out and can be replaced anytime. Participants must have sewing experience and know how to use their sewing machine. Class fee for the pattern will be \$4.00 and a supply list will be mailed.

F. Totally Teens – Laurie Platte Breza

Enjoy a session that is all about the clothing and textiles project area. Bead a bracelet, create a fleece pillow and complete a buymanship project. Select colors and hair styles just for you. This class is designed for teens 13 to 15 years old.

G. Basics of Knitting - Lindsey Garret

Learn to knit, purl and other basics you need to know for your knitting project. Yarn and knitting needles will be provided. Will start a simple dish cloth and continue in Session II to complete.

H. Multi-Sided Placemats – Marie Thelen

Each placemat has four sides. You can make them seasonal, themed or of just fun fabrics. One placemat will be made in class. Bring sewing machine, rotary cutter, mat, iron and towel. A supply list will be sent.

I. Fleeces are for Felting...How to do Wet and Dry Wool Felting. – Neil Kentner

Learn how to do wet and dry felting of wool for creative art projects. You will learn the ancient techniques of felting wool for a cool can cozy. Experience the new needle felting and create a wool wall hanging that you can enjoy for the holidays. Come with a creative mind and the courage to get "fleeced". Kit cost is \$10.00 and includes wool, equipment and needles.

J. Color Beat Tote Bag – Gall Sewing & Vac Centers

Sew a very hip, lined tote bag with gorgeous biometric appliqué, using Robert Kaufman fabric. Sewing machines provided by Gall Sewing & Vacuum Centers. Kit cost: 13.00.

Workshop Session II – Saturday, October 14, 2006, 6:30-9:00 p.m.

A2. Beginning Sewing – Continued from Session I.

B2. Yellow Brick Road Quilt – Continued from Session I.

C2. Recycled Jean Quilt - Continued from Session I.

D2. Funky Vinyl Mesh Tote Bag – Continued from Session I

E2. Pop Up Picture Frame – Continued from Session I

K. Knitting Projects – Lindsey Garret

For beginning or advanced knitters who have projects started that are not complete and need help finishing, sign-up for this class. Bring your project or yarn, pattern and needles.

L. Color Beat Tote Bag – Gall Sewing & Vac Centers

See Session I option for description.

M. Fancy Fleece Poncho or Hat & Scarf

Yea! There's an EASY way to make polar fleece more decorative! Come to this class and use a "fancy fleece" ruler to make a poncho or a hat and scarf set. This cool tool makes scallops, waves, diamonds, squares and more! Please bring a rotary cutter and mat, 1 yard of one color fleece and ½ yard of another color fleece. Fancy fleece rulers will be available for your use during class and available for purchase for \$8.00 at close of workshop.

N. A Pony, A Frog, A Bear.. Oh My! – Leona Happy

Have you ever wanted to make a stuffed animal and been too intimidated by all those pattern pieces, working with fake fur or stuffing procedures? These patterns have only two pieces. Choice of a frog, bear or pony. Bring your own sewing machine. A more detailed supply list will be sent.

O. Locker Hooking – Leona Center

You will feel very resourceful when you use leftover fabric scraps to make beautiful bags, rugs, cushions and more by learning to Locker Hook with fabric remnants. This is an easy technique that everyone will enjoy learning and doing. Session fee is 6.00 which covers the cost of Locker Hook needle and canvas backing for base of project. Please bring lots of scrap fabric to use on your project.

P. Juice Pouch Bag – Marcie Mirgon

Create your own popular juice pouch bag which has lots of uses. Bring 10 empty juice pouches (Capri Sun or Kool Aid Coolers) and a sewing machine if you have one.

Q. Curriculum Resources for Clothing & Textiles – Joanne Schultink

Experience activities for 5 to 8 year olds from the Sew, Read! Curriculum which are great to use in clubs or after school programs. Other curriculum resources will be shared, many which are available on the web.

Workshop Session III – Sunday, October 15, 2006, 8:30-11:30

B3. Yellow Brick Road Quilt – Continued from Session I and II.

R. Bead Fringe Hang Bag – Holly Johnston

This 4" H x 8" W bag is just the right size to hold your necessities for a special evening out. Supplies - \$6 for kit, sewing machine you are familiar with, zipper foot. Intermediate skill level.

S. Fancy Fleece – Barb Junga

Learn how to use the Fancy Fleece Ruler to make two projects: a Fancy Fleece Christmas Stocking and a no-sew reversible fleece blanket with ribbon trim. Please bring a rotary cutting mat and cutter. If you have a Fancy Fleece Ruler, please bring, but don't buy one as we will have some available for you to use. A supply list will be sent. If you want to "see" the projects, the stocking can be viewed online at www.junetailor.com and blanket at www.americasews.com – project 2104.

T. Blanket Stitch Felt Snowman – Sally Wietfeldt

You will make a felt wall/door snowman accented with holly and bells using the "famous" blanket stitch. Supplies furnished for a cost of \$6.00.

U. Junk Jeans Purse – Leona Happy

Create your own one-of-a kind junk purse by recycling old jeans. Use the tops, the bottoms, pockets or parts of all. Embellish with beads, buttons, lace, ribbons, appliqués, etc. Bring your own sewing machine, thread and jeans.

V. Recycled Accessories! – Ronda Coffelt

Don't throw out those old moth-eaten sweaters! You will be able to "make and take" a pair of mittens in this class using recycled wool. Bring a pair of scissors for cutting. Kit will include sweater, pattern, sewing needle and yarn to complete the project. Sewing skill level: Beginner. Kit fee: \$7.00.

W. Paper Pieced Santa Wall Hanging – Sheryl Schrot

Introduction to paper piecing. Make a 3-square wall hanging featuring Santa and a holiday tree. Sewing experience required. Kit provided for \$8.00. Bring sewing machine, thread, seam ripper, pins, scissors. Optional: iron.

X. Exploring the Virtues of Wool – Diane Jarnutowski

Learn about fiber from a variety of fiber critters, wool spinning with a drop spindle and Kool – aide dyeing. For the adventurous ones, try your hand at a spinning wheel. Supplies furnished for a cost of \$7.00.

Y. Clothing and Textiles Community Service Projects – Elaine Feldkamp

How can your group use their sewing skills to help in the community? Learn how to make heart pillows for after surgery patients, special needs bibs and polar fleece mittens for schools and shelters. New for 2006 are whales and bears for emergency units and flannel blankets for hospital comfort cards and rehab units! The list is endless so you won't want to miss this class! Bring your sewing machine. Beginning level class. A supply list will be sent.

Z. Various Methods of Applique – Starr Eby

You will learn hand appliqué, invisible appliqué, machine buttonhole appliqué, satin stitch appliqué and various methods of turning under (or not) their edges while appliquéing hearts to fabric squares. Finished squares can be sewn into a quilt or appliqués onto clothing or bags. Bring a sewing machine, straw needle (long, thin, needle), twelve 10-12 inch squares of fabric (plain or slightly mottled) that will go with 12 hearts, invisible thread, thread that matches at least some of their hearts, black thread.

AA. Color Beat Tote Bag – Gall Sewing & Vac Centers

See Session I. Option for descriptions.

BB Interfacing and Pressing Tips – Marie Thelen

Interfacing and pressing are keys to achieving a professional look. Learn how to select and apply interfacings that compliment the appearance of the newest fashion fabrics. Learn tips to achieve a well pressed garment without the “over pressed look.”

CC. Beaded Socks – Leona Center

You will learn basic crochet skills (chain and single) to create fun and fancy socks that you'll want to make to go with every outfit and for all your friends. A \$3.00 fee covers the cost of one pair of socks, crochet thread and your choice of colorful beads. Please bring crochet hook size 3.